



The Lion's Gate Crystal Alignment Guide

*A flexible practice for embodied abundance,
clear intention and aligned action*

LION'S GATE SEASON 2026

26 July – 12 August • Symbolic peak 8 August

Written to be used any day of the year

Created with care for the Gem Family
Pure Good Vibes

How to use this guide

Start here — it will save you time and make the practice fit your real life.

This is a practice, not a performance. It asks for honesty rather than perfect conditions, and it works just as well in eight minutes as in an hour.

THE MOST IMPORTANT THING TO KNOW

The Lion's Gate is a doorway, not a deadline. The season gives you a reason to sit down — but nothing in this guide expires on 12 August.

Everything here — choosing your crystal, naming what is already abundant, building your mantra, committing to one action — is a tool you can pick up on any ordinary Tuesday in November. Keep the file. Come back to it whenever your alignment needs refreshing.

What this practice is

- A way to notice what you already have, before you ask for more.
- A way to choose one direction instead of scattering your attention across ten.
- A way to put language to it that you actually believe.
- A way to turn that language into one small action you will genuinely take.
- A crystal that holds the frequency of what you chose, and keeps it near you.

What the crystal is actually doing

It has two jobs, and the second one is the one people forget.

It holds the energy. When you speak your intention into the stone you are setting a note and asking the crystal to keep sounding it — quietly, in the room with you, on the days you are not thinking about any of this.

It reminds you. You will forget what you chose. Everyone does. The stone catches your eye in week six and brings the whole decision back.

So it is an aligner as much as a reminder — something you keep with you through the journey.

What this practice is not

- It is not a promise. No outcome is guaranteed — not financial, physical, emotional or spiritual.
- It is not pretending. You will not be asked to say things you do not believe.
- It is not a substitute for medical, psychological, legal or financial advice.
- It is not a test you can fail. There is no correct way to do this.

What the Lion's Gate is

The story behind the season — where it comes from, and what people do with it.

Every year in late summer, the star Sirius returns to the dawn sky after roughly seventy days out of sight. This return is what the Lion's Gate season marks. It happens during Leo — the lion — which is where the name comes from.

The star at the centre of it

Sirius is the brightest star in the night sky. In ancient Egypt its heliacal rising — its first reappearance just before sunrise — arrived alongside the annual flooding of the Nile, the event that fertilised the farmland and made the year's food possible. Because of this, the rising of Sirius marked the Egyptian New Year, and the star became associated with abundance, renewal and good fortune. Sirius was linked to the goddess Isis; the nearby stars of Orion's Belt were linked to Osiris. (You will often see it said that Orion's Belt maps onto the three pyramids at Giza — that is a modern theory rather than settled history, so treat it as a lovely idea rather than a fact.)

So the association is not arbitrary. For thousands of years, this point in the calendar genuinely did mean the year begins again, and there will be enough.

The number eight

The symbolic peak falls on 8 August — the eighth day of the eighth month. In numerology, eight carries the ideas of infinity, balance, personal power, prosperity, and the continuous exchange between giving and receiving. You will notice the number threaded through this guide: eight breaths, eight things you are already grateful for, eight forms of abundance, eight steps.

A HONEST NOTE ON WHERE THIS COMES FROM

The Egyptian astronomy and the Sirius calendar are historically documented. The modern 'Lion's Gate portal' — the idea that this window carries a particular spiritual charge — is a contemporary spiritual practice, roughly a few decades old, built on top of that older symbolism.

Both can be true and useful. You do not need to believe anything cosmic is happening to get something real out of sitting down, telling the truth about your life, and choosing one action.

Lion's Gate 2026

What makes this particular season worth noticing.

Date	What is happening
26 July	The season opens. Some traditions mark 28 July — either is fine. If you want a single start date, use whichever you already keep.
30 June (already begun)	Jupiter entered Leo on 30 June 2026 and remains there until July 2027. Jupiter in Leo is traditionally read as a year for visible confidence, creative expression and generosity.
8 August	The symbolic peak. 8/8. The day most people mark, though the whole window counts.
12 August	The season closes with a total solar eclipse — the path of totality crosses Iceland, Portugal and northern Spain, with a deep partial eclipse visible from the UK.

It is a striking shape for a season: it opens under a planet associated with confidence and expansion, and it closes with the sky going dark in the middle of the afternoon. Whatever you make of the symbolism, it is a good frame for the work — step forward, then let something go.

“The season gives you a reason to begin. What keeps it alive is what you do in the ordinary weeks afterwards.”

IF YOU ARE READING THIS AFTER 12 AUGUST

Nothing is lost. The practice on the following pages was built to stand on its own. Use it at a new moon, a birthday, a new year, the first day of a new job, or an ordinary morning when you notice you have drifted.

Begin where you are

Five versions of the same practice. Choose the one that meets your actual energy today.

EVERY VERSION CONTAINS THE SAME FOUR ANCHORS

1. Breathe · 2. Speak your mantra · 3. Visualise or feel the reality · 4. Commit to one aligned action

Everything else is optional detail. If you only ever do these four, you are doing the practice.

Version	Time	What it involves
The Full Ritual	45-60 min	Clear your space, journal through every prompt, breathe, visualise, speak your mantra, complete an aligned action. Choose this when you have a genuinely quiet stretch.
The Essential Ritual	20 min	Prepare one small surface. Work through the core journal prompts only. Speak your mantra. Choose one immediate action.
The Eight-Minute Ritual	8 min	Sit or lie down with your crystal. Eight slow breaths. Speak or silently repeat your mantra. Feel the intention as already alive in your ordinary day. Choose one small action.
The Quiet or Smoke-Free Ritual	any	Use an open window, gentle music, a bell, prayer, clapping or natural light instead of smoke, incense or candles. Your presence matters more than the objects around you.
The Shared Ritual	any	Complete it with a partner, friend, family member or group. Each person still chooses their own intention, crystal and action. Shared energy should support personal truth, not replace it.

If you are short on time and short on energy, do the eight-minute version. A small practice you actually complete is worth more than a long one you postpone until the season has passed.

Prepare your space

Enough physical order to hear yourself clearly. Not more than that.



Your environment tells your body that something different is happening. You do not need to clean your whole home. Choose one room, corner, desk, altar or surface.

Set a timer for up to thirty minutes

- Remove anything distracting or that no longer belongs there
- Return misplaced items to their proper homes
- Clear away rubbish, packaging and unfinished clutter
- Wipe the surface
- Open a window where suitable
- Let the area feel calm, spacious and deliberate

“This is not about creating an Instagram-perfect spiritual setting. It is about making enough physical and mental space to hear yourself clearly.”

Clearing, and welcoming

Two different jobs. Most people only know about the first one.

Almost every guide tells you to burn something to clear a space. Far fewer mention the second half — welcoming something in afterwards. The distinction is real, and it lives in the traditions themselves.



	Clearing	Welcoming
What it is for	Releasing, removing, resetting. Used when a space feels heavy, stale, or full of something that has finished.	Blessing, inviting, warming. Used to fill a space with what you want in it once there is room.
Traditionally	White sage in North American Indigenous practice. Also garden sage, rosemary, juniper, mugwort, salt, sound.	Palo Santo — holy wood — in Peruvian and Ecuadorian practice. Also frankincense, copal, cedar, sweetgrass, rose, lavender, sandalwood, benzoin.
How it feels	Sharp, bright, astringent. It cuts.	Sweet, warm, resinous, enveloping. It gathers.

FOR THIS PRACTICE, LEAN INTO WELCOMING

This season already runs hot. Leo, high summer, an eclipse at the close — a great deal is being cleared out for you whether you ask for it or not.

So you may not need much clearing at all. Something gentle, holding and warm will serve this intention better than something that strips. If you clear at all, clear lightly, then spend most of your attention on what you are inviting in.

Palo Santo is my own choice for exactly this reason. It is traditionally used to invite and bless rather than to banish — and it is sweet rather than sharp.

What to burn, or whether to burn at all

Options for the welcoming half. None of them is required.



Tool	Traditionally associated with	Notes
Palo Santo	Blessing, grounding, sweetness, invitation	Buy only from suppliers who harvest naturally fallen wood
Frankincense	Elevation, reverence, transcendence	Resin; burn on charcoal or as incense
Copal	Offering, warmth, connection	Mesoamerican resin; softly sweet
Cedar	Protection that welcomes rather than repels	Culturally significant to many Nations
Rose or lavender	Love, softness, calm	European folk tradition; also lovely as a mist
Sandalwood	Devotion, stillness, transcendence	Choose sustainably sourced only
Rosemary	Home blessing, gentle protection	Grows in most UK gardens

A NOTE ON WHITE SAGE AND SWEETGRASS

Both are sacred medicines in North American Indigenous practice, and white sage is now threatened in the wild by commercial overharvesting.

If you feel drawn to them, buy from Indigenous growers. If you would rather not, everything in the table above will do the job, and several of them grow in a British garden.

Without smoke or flame — all just as valid

Open a window · a singing bowl, bell or chime · gentle music · clap into the corners · prayer or spoken intention · a rose or lavender mist · a bowl of salt left overnight · fresh flowers · sunlight let in · sitting quietly and breathing

SAFETY

Ventilate the room, never leave anything burning unattended, and choose a smoke-free option around children, animals or any respiratory sensitivity.

What you may wish to prepare

None of it is required. Gather what is already within reach.

You do not need to buy anything to do this. If all you have is yourself, a pen and five quiet minutes, that is a complete practice.

	Why it helps
One crystal	Your anchor. Any stone you feel drawn to — see the two pages that follow if you would like a starting point.
A journal or a sheet of paper	Writing slows your thinking down and makes it specific. Thinking a thing and writing it are not the same act.
A pen you like	A small thing, but you will write more with a pen that feels good in your hand.
A glass of water	To drink at the end. It helps you land back in the ordinary day.
A candle, incense or Palo Santo	Optional. Only if it is safe and suitable for your home — see the previous page.
Somewhere comfortable	A chair with your feet supported, or somewhere to lie down. Your body should not be working while you do this.
This guide	Printed, or open on a screen with notifications off.



“Your presence matters more than the objects surrounding you.”

IF YOU HAVE TWENTY MINUTES AND NOTHING ELSE

Take the pen and the paper. Skip everything else. The writing is the part that does the work.

Choosing your crystal

Any crystal will do. This section is for when you would like a starting point.

It does not need to be expensive, rare, or traditionally linked with abundance. Often the most meaningful choice is simply the crystal you already keep reaching for.

You might choose based on

- The crystal you keep noticing
- The quality you want to embody
- The area of life you are focusing on
- A crystal already connected to a meaningful chapter of your life
- Your instinctive response when you hold it



HOW TO READ THE TABLE ON THE NEXT PAGE

These are traditional associations drawn from long-standing crystal lore — not guaranteed outcomes, and not medical or psychological treatment.

Their real usefulness is as a vocabulary. Naming what a stone means to you helps you name what you are actually asking for. If a stone means something different to you than the table says, your meaning wins.

Stones traditionally associated with the Lion's Gate season

Solar, golden and Leo-adjacent stones are the ones most often reached for at this time of year: citrine (confidence, prosperity), sunstone (warmth, vitality, courage to be seen), tiger's eye (grounded confidence, practical decisions), pyrite (willpower, follow-through), golden or rutilated quartz (clarity with drive), clear quartz (amplification of whatever you set), selenite (clearing and light) and labradorite (intuition, transition). Lemurian quartz is often chosen for deeper spiritual connection.

Matching a crystal to your intention

Find your form of abundance in the left column. The stones beside it are common starting points.



Form of abundance	Traditionally chosen stones	The quality being invited
1. Vitality	Carnelian, red jasper, garnet, bloodstone, sunstone	Energy, warmth, appetite for life, a kinder relationship with your body
2. Love & belonging	Rose quartz, rhodonite, morganite, green aventurine	Softness, repair, mutual connection, letting yourself be welcomed
3. Peace & inner stability	Amethyst, lepidolite, blue lace agate, smoky quartz, black tourmaline	Calm, steadiness, grounding, a settled nervous system
4. Purpose & meaning	Tiger's eye, pyrite, labradorite, sunstone	Direction, willpower, courage to commit and follow through
5. Time & freedom	Selenite, clear quartz, amazonite, blue kyanite	Clearing, spaciousness, boundaries, saying no without guilt
6. Creativity & expression	Carnelian, citrine, sodalite, amazonite, blue lace agate	Ideas, play, confidence to be seen, finding the words
7. Material & financial prosperity	Citrine, pyrite, green aventurine, jade, tiger's eye	Steady resources, opportunity, capacity to receive and manage well
8. Spiritual connection & wisdom	Amethyst, labradorite, lapis lazuli, moonstone, selenite, Lemurian quartz	Intuition, discernment, guidance, relationship with your own truth

Hold your chosen crystal in both hands and say:

“I welcome this crystal as an anchor for the intention, choices and actions I am committing to during this season.”

Caring for your crystal

Practical, and worth knowing before you put anything in water or sunlight.

THE ONE RULE THAT MATTERS

Not every crystal is water-safe or sun-safe. Some soften, dissolve, rust or fade. A few contain minerals you should not handle wet. When you are unsure, use a dry method — they work just as well.

Method	Suits	Avoid for
Water	Quartz family (clear, rose, smoky, amethyst), agate, jasper, carnelian, tiger's eye	Selenite and satin spar (dissolve), malachite, pyrite (rusts), lapis lazuli, calcite, halite, angelite, celestite, turquoise
Direct sunlight	Brief exposure suits carnelian, tiger's eye, jasper, pyrite	Amethyst, rose quartz, citrine, fluorite, celestite — colour fades with prolonged sun

Ways to cleanse — all of these are safe for every stone

There is no single correct method. Choose whichever one you will actually do.

- Smoke. Pass the crystal gently through Palo Santo, frankincense, cedar or incense smoke. A few seconds is enough.
- Sound. A singing bowl, a bell, a chime, or your own humming. Let the sound wash over it until it settles.
- Breath. Hold it and exhale slowly across it, with the intention of clearing what it has been carrying.
- Light visualisation. Hold the stone and picture a clear light entering the top of it and moving all the way through, carrying out anything that is no longer yours. Watch it run clear.
- Moonlight. A windowsill overnight. Full moon if you like the symbolism, any night if you do not.
- On a cluster. Rest it overnight on selenite, or on an amethyst or quartz cluster.
- Earth. Set it on soil, on a plant pot, or on a stone outdoors for a few hours.

Then charge it — this is the part worth not skipping

Cleansing empties. Charging fills. Once the stone is clear, give it something to hold.

1. Hold the crystal at your heart with both hands.
2. Bring to mind something you are genuinely grateful for. Not a list — one real thing, until you can feel it.
3. Let that feeling move down your arms into the stone. Stay there for eight slow breaths.
4. Then speak your mantra into it once, quietly.

A simple rhythm to keep

So the stone stays live rather than becoming an ornament.

“Gratitude is the cleanest thing you can charge a stone with. It is the one frequency that never needs correcting later.”

1. Cleanse when it feels right — after a heavy week, after someone else has handled it, after a difficult conversation, or whenever you begin something new.
2. Charge it with gratitude straight after cleansing, while it is empty and receptive.
3. Set it down where you will see it — your desk, your bedside, beside the kettle. Not in a drawer, and not somewhere so precious you never touch it.
4. Hold it when you repeat your mantra, and carry it on the days you take the harder actions.
5. Revisit the intention monthly. Update it when it stops being true.



HOW OFTEN?

There is no schedule. A useful test: pick the stone up and notice whether it feels bright or flat to you. If flat, cleanse and recharge it. If you cannot tell, it does not need it yet.

“The crystal is an anchor, not a contract.”

The eight-step ritual

Steps one to four. Take them slowly; there is no prize for finishing quickly.

1. Arrive in your body

Sit comfortably with both feet supported, or lie down if that serves your body better. Place one hand on your heart and hold your crystal with the other. Take eight slow breaths, letting each exhale soften you. You do not need to empty your mind — simply notice that you are here.

"I am present. I am grounded. I am ready to listen."

2. Connect with your crystal

Bring your attention to the stone. Notice its temperature, texture, weight, colour, markings and shape. You may imagine a gentle connection forming between your heart, your hands and the crystal — or simply observe it, without needing to feel anything unusual. Then ask quietly:

- What quality does this crystal remind me to embody?
- What part of me is ready to be expressed more fully?
- What am I being invited to honour?

Write down any words, feelings or impressions that arrive.

3. Recognise what is already abundant

Before asking for more, notice what is already here. Abundance is not only money. It can be breath, time, friendship, knowledge, courage, opportunity, protection, creativity, rest, nourishment, or the simple ability to begin again.

YOUR TASK

Write down eight things already supporting your life. They may be very simple. Let gratitude become evidence that you are not starting from empty.

4. Choose the abundance you are ready to cultivate

Turn to the eight forms on the next page. Choose one primary form for this ritual. You may add one or two supporting areas — but resist the urge to manifest an entirely new life in every direction at once.

"Clarity creates stronger commitment."

The eight forms of abundance

Read them all before you choose. The one you resist is sometimes the one to look at.

- 01** **Vitality**
Energy, nourishment, physical support, rest, and a caring relationship with your body.
- 02** **Love and belonging**
Mutual relationships, emotional connection, friendship, family, community, and the feeling of being welcomed as yourself.
- 03** **Peace and inner stability**
Calm, spaciousness, emotional steadiness, groundedness, and trust in your ability to meet life.
- 04** **Purpose and meaning**
Work, service, contribution, direction, and the feeling that your life carries meaning.
- 05** **Time and freedom**
Space to rest, create, explore, choose, and live according to what matters.
- 06** **Creativity and expression**
Ideas, communication, artistry, confidence, play, and the courage to be seen.
- 07** **Material and financial prosperity**
Income, resources, opportunities, supportive exchange, stability, and the capacity to receive and manage well.
- 08** **Spiritual connection and wisdom**
Intuition, discernment, inner guidance, sacred connection, and a deeper relationship with your own truth.

A QUIET PROMPT

If you cannot choose, ask: which of these, if it improved, would make the other seven easier? That is usually the one.

5. Write your intention

You do not need to answer every question. Let them make you more specific.

- What form of abundance am I ready to welcome?
- Why does this matter to me now?
- How would this change my ordinary daily life?
- How would I think, speak, choose and behave if this were already becoming real?
- What personal quality will help me receive and sustain it?
- What am I ready to make space for?
- What support, knowledge or structure would help me?
- How can this serve both my life and the highest good of all?

COMPLETE THIS SENTENCE

"From this season until this time next year, I choose to cultivate..."

THEN WRITE

"This intention matters because..."

"The person I am becoming is..."

6. Build your energetic mantra

Choose one line from each column — or write your own. Aim for words you believe.

Your mantra should describe what you are choosing, not what you are escaping. Keep it affirmative, present and emotionally believable — words that expand you while staying connected to your truth.

I AM I am rooted in my truth I am open and ready to receive I am courageous and clear I am supported and guided I am worthy of meaningful abundance I am loyal to my inner knowing I stand confidently in my power I trust myself to move forward	I WELCOME I welcome steady and ethical prosperity I welcome nourishing love and mutual connection I welcome meaningful opportunities I welcome spaciousness, peace and freedom I welcome creativity and inspired expression I welcome resources that support my purpose I welcome wisdom, clarity and spiritual guidance I welcome abundance in forms that honour my life
I CHOOSE I choose actions that support the life I am creating I choose relationships founded in honesty and reciprocity I choose to use my gifts with confidence I choose to care for my time and energy I choose to receive with gratitude I choose to make clear and grounded decisions I choose consistency over temporary excitement I choose to meet opportunity with courage	I SERVE May this abundance support my growth and contribution May what I receive be used with wisdom May my expansion create greater good around me May this intention unfold in alignment with the highest good of all

Now write yours

Read the example once, then close it and write in your own words.

EXAMPLE MANTRA

"I am rooted in my truth and open to aligned abundance. I welcome steady prosperity, nourishing relationships, meaningful opportunities and spacious time. My choices support the life I am creating. I move with courage, receive with gratitude, and use what comes with wisdom for the highest good of all."

YOUR MANTRA

IF IT FEELS FORCED, SHORTEN IT

A single sentence you believe will carry you further than a paragraph you have to talk yourself into. You can always add to it next month.

A SHORTER VERSION, FOR THE DAYS YOU HAVE NO PATIENCE

7. Embody the new reality

Two routes in. Take whichever one your mind actually cooperates with.

Hold your crystal close to your heart. Speak your mantra slowly — repeat it eight times, chant it, or whisper it. Do not rush the words. Feel into them.

IF VISUALISATION COMES NATURALLY

Imagine an ordinary day in which your intention is already becoming real. Do not only picture the final reward — see yourself participating. Notice:

Where are you?
How do you begin your morning?
What choices are you making?
How do you speak?
How do you carry yourself?
What work are you doing?
Who is around you?
What are you accepting?
What opportunities are you responding to?
How are you caring for what you have received?

Let the scene become vivid but grounded.

IF VISUALISATION DOES NOT COME EASILY

You do not need clear mental pictures. Many people never get them. Focus instead on the felt experience of your words. Ask:

Where do I feel steadiness in my body?
What does confidence feel like?
What does being supported feel like?
How would spaciousness change my breathing?
What posture reflects the person I am becoming?

Let your body rehearse the emotional quality of the reality you are choosing.

“When your inner state, your choices and your actions begin to agree, movement tends to feel clearer and more direct.”

8. Commit to one aligned action

This is the step that changes things. Do not skip it.

An intention becomes real when it enters your calendar, your behaviour and your decisions.

Ask yourself one question:

“What is one small but real action I can take today?”

It does not need to be dramatic. Any of these count:

- Send one message
- List one product
- Finish one unfinished task
- Write one page
- Share your work
- Apply for one opportunity
- Make one appointment
- Take one restorative walk
- Ask one person for support
- Review your finances
- Set up one savings transfer
- Decline one unsuitable commitment
- Prepare one nourishing meal
- Protect one hour in your calendar
- Begin the conversation you keep postponing

WRITE IT DOWN

“Today, I commit to...”

Then make it specific — this is what turns an intention into something that actually happens:

“At [time], in [place], I will [action].” or “When [situation occurs], I will [chosen response].”

Hold your crystal and say:

“I commit to showing up for the life I am asking to receive. My intention, my choices and my actions move together.”

Complete the action as soon as is reasonably possible.

Sealing the intention

A short closing. Two minutes, and the practice is complete.

1. Hold the crystal between both hands.
2. Repeat your full mantra once more.
3. Then say the words below.

“May this crystal remind me of the energy I have chosen, the truth I have recognised, and the actions I have committed to. May I remain clear, courageous and receptive as this intention unfolds for the highest good of all.”

Imagine the words settling gently into the stone. You do not need to force anything or feel a dramatic response — most people do not, and it makes no difference to the practice.

Place the crystal somewhere meaningful: carry it with you, meditate with it, or keep it near the place where you will take your aligned actions.

Finish by drinking some water and letting yourself land.



That is the whole practice. Everything from here is about keeping it alive.

Keeping it alive through the year

This is the part most people skip — and the part that actually compounds.

Your ritual does not end when you close this guide. The crystal becomes a year-long reminder of what you chose.

Small ways to return to it

- Hold it while repeating your mantra
- Carry it on the days you take a harder action
- Keep it beside your journal or workspace
- Sit with it during your monthly reflection
- Bring it into meditation
- Revisit it before a meaningful decision
- Cleanse and recharge it in a way suited to that particular stone
- Update the intention as you grow

YOUR INTENTION IS ALLOWED TO CHANGE

You are not required to stay attached to wording that no longer reflects who you are. Rewriting it is not failure — it is evidence that you moved.

The monthly check-in

Once a month, hold your crystal and work through these. It takes ten minutes.

- ☐ What has moved since my ritual?
- ☐ Where have I shown up consistently?
- ☐ What have I learned about this intention?
- ☐ What is now becoming possible?
- ☐ What choice would keep me in alignment?
- ☐ What is my next clear action?
- ☐ Does my mantra still feel true?
- ☐ What am I grateful to have received?

Then choose one action for the month ahead.

When life begins to rearrange

A grounding page, for when things start moving and you are not sure what it means.

Clear intention can reveal that a habit, an opportunity, a relationship or a direction no longer fits the life you are creating. Things sometimes loosen.

THE IMPORTANT CAVEAT

This does not mean every difficult event is a spiritual sign. Sometimes a hard week is just a hard week. Pause, look at the facts, and use your discernment before you read meaning into it.

Five questions to steady yourself

- Does this choice honour my values?
- Does it support the future I am committed to?
- Am I responding from clarity, or from temporary emotion?
- What action here is both courageous and responsible?
- What practical information do I need before I decide?

Alignment is not passive. It may ask you to make decisions, learn new skills, strengthen boundaries, accept support, change direction, or simply act more consistently than you have been.



“Manifestation is not only what you request. It is also what you are willing to embody, choose, build and sustain.”

A closing blessing



May this season reconnect you with the abundance already living within and around you.

May you recognise what is ready to grow.

May your intentions become clearer.

May your choices become more courageous.

May your actions become more consistent.

May you remain loyal to your truth, and open to the forms of support, love, prosperity, wisdom and opportunity that genuinely honour your path.

“May your crystal remind you that you are not waiting passively for your life to begin. You are meeting it — one breath, one choice and one aligned action at a time.”

With love and gratitude,

Yanting

My Gem Closet

Carefully selected crystals, held with care for the Gem Family.
mygemcloset.co.uk



A gentle note

PLEASE READ

Crystal work, intention setting, visualisation and spiritual ritual are personal practices. Experiences differ from person to person, and no particular emotional, financial, physical or spiritual outcome is promised or implied.

These practices are intended to support reflection and intentional action. They are not a substitute for medical, psychological, legal or financial advice, and should never delay you seeking appropriate professional support.

The crystal associations described in this guide are traditional and cultural. They are offered as a vocabulary for reflection, not as treatment for any condition.

SAFETY

Use candles, incense and smoke-cleansing materials only where safe and suitable. Ventilate the space, never leave flames unattended, and choose smoke-free alternatives around children, animals, asthma or respiratory sensitivities.

Not all crystals are safe in water or prolonged sunlight — see the crystal care page. When unsure, use a dry cleansing method. Keep small stones away from young children and pets.

ON SOURCING

Every crystal at My Gem Closet is hand-selected from suppliers we have checked for ethical trading and responsible practice, and is cleansed with care before it reaches you.

